

Wheathampstead Magazine



incl. Gustard Wood & Blackmore End
wheathampsteadmagazine.co.uk

April 2026



Give Bowls a Try
Protecting People
Wheathampstead Fun Run

FREE COPY

CARPENTER'S
NURSERY & FARM SHOP
EST. 1923
Celebrating 100 Years

Spring is time to get growing

Discover our plant area bursting with stunning shrubs, bedding plants, potted bulbs, planted containers & hanging baskets.

We also stock an extensive range of pots, peat-free compost & garden sundries. Carpenter's Nursery is your local family run one stop Garden Centre.

Zero Waste Shopping

Carpenter's Farm Shop is home to a wide range of zero waste shopping options. From local & organic foods to hair & body refills. Discover our great range of products available packaging free.

106 St Albans Road, Sandridge,
St Albans, Hertfordshire, AL4 9LJ
01727 853340 www.carpentersnursery.co.uk

To Advertise call 0775 3857012. Please mention **Wheathampstead Magazine** when responding to adverts



WELCOME

When April comes around, it means that the clocks have already changed to ensure that evenings stay lighter for longer. This signals a time when leisure time as well as time spent in the garden or outdoors seems to last longer too - and that's got to be something to be happy about.

If you have thought about taking up a new sport, why not try Bowls? We talked to the people at the Kimpton Bowls club and it does sound good... We heard all about what they do and about their forthcoming open day later this month (see what's on page 7) We share some details about the Wheathampstead Fun run, so it's time to think about finding your running shoes if you are thinking about joining..

Hertfordshire County Council are becoming more focused on preventing radicalization and, a senior local doctor has urged young people who have not been vaccinated against the HPV virus to get the protection they need.

We've identified three particularly fine looking open gardens across Hertfordshire for you to look at this April in support of the NGS and there's plenty of other things to do and see as detailed in our What's On section this April.

Eve X

eve@minimagazines.co.uk

ADVERTISING RATES

Based on a six issue booking

Full page	£150 per issue
1/2 page	£80 per issue
1/4 page	£55 per issue
1/8 page	£35 per issue

Special positions and sponsorships on request

TO BOOK YOUR ADVERTISEMENT IN THE NEXT ISSUE

CALL 0775 3857012

eve@minimagazines.co.uk

www.wheathampsteadmagazine.co.uk

Disclaimer: The Wheathampstead Magazine is published in good faith and cannot be held responsible in any way for inaccuracies in reports, articles or advertising that appear in the magazine. The views expressed in editorial may not necessarily reflect the views of the editor. Photographs and material submitted by readers can only be published if permission has been granted by the photographer or originator of the information or intellectual property. We cannot be held responsible for checking all such permissions have been granted.

NEWS IN BRIEF

Useful Phone Numbers

Doctors Surgery: Marford Road
01582 832258

Dentist: Marford Road 01582
833 408

Gas Emergency: 0800 111 999

Electricity Emergency: 0800
404 090

Power Cuts: 105

Healthline: 111

Police non emergency: 101

Parish Council: 01582 832541

County Council: 0300 123 4040

Local Pharmacy: 01582 832102

Help Lines

Mind: 0845 766 0163

Advice for Mental Health Issues

The Samaritans: Freephone 116123

Confidential non-judgemental
emotional support

Alcoholics Anonymous:

0845 769 7555

Stroke helpline: 0845 303 3100

Advice from the Stroke Association

Age Concern: 0800 00 99 66

Frank: 0800 77 66 00

Advice about drugs from professional
advisers

Beating Eating Disorders:

0845 634 1414

Cruse Day by Day: 0844 477 9400

Help and support for people who are
bereaved

Macmillan CancerLine:

0808 808 2020

Autism Helpline: 0845 070 4004

Long Weekend

This year Easter falls in early April offering a 4-day weekend (April 3-6). Along with lots of chocolate, Easter brings, for many, two weeks of school holidays and a perfect, early spring opportunity for travel, hiking, and family activities. It is also a time for significant religious reflection and community services.



Old Birthday

April 8th – is said to be the birthday of Buddha (563-483 B.C.). An estimated 350 million people currently profess the Buddhist faith.

Did You Know...

It was 44 years ago on April 2, 1982 - That saw the beginning of the Falkland Islands War as troops from Argentina invaded and occupied the British colony located near the tip of South America. The British retaliated and defeated the Argentineans on June 15, 1982, after ten weeks of combat, with about 1,000 lives lost.

Thoughts for April

Peace produced by suppression is neither natural nor desirable. We will not learn to live together in peace by killing each other's children. Peace is the only battle worth waging.

Contents

6 What's On

9 Fun Run

11 Thumbs up for Local MP

11 New Research Boost

13 Give Bowls a Try

15 HPV Vaccination

15 Protecting People

17 Open Gardens

19 Clubs & Groups



9



17



13

COPPERTOP unisex hair salon



For a Top Class Cut and Style
In comfortable friendly surroundings
Call for an appointment

01582 832119

www.high-st-hair-and-beauty.co.uk 


Making Tax Digital is coming in
April 2026. Are you ready?




ORIGAMI
ACCOUNTING & ADVISORY

- * Making Tax Digital made simple
- * Accounting & bookkeeping
- * Tax planning
- * Compliance & reporting
- * Payroll services
- * Financial analysis & modelling

 07713 035 474

 amy@origamiaccounting.co.uk

 www.origamiaccounting.co.uk

What's On... regularly

• Foodbank

Confidentiality is assured. We now hold this at the Memorial Hall in Marford Road, still every Thursday but from 11:30am - 1:30pm. Tel: 01727 613019

• Recreation for the Retired

The Chapel Halls Brewhouse Hill All welcome. Various activities available. 2pm-4pm most Fridays

• Bluebell Memory Cafe

Activities for those people living with memory-related conditions and their supporters Meets at the Mead Hall every 1st and 3rd Wednesday (except August). All welcome. Enquiries to: Isobel Poole, 07949 630228.

• W.A.S.P.S. After School Play-Scheme

Fantastic, affordable and experienced child-care before and after school each day, Beech Hyde Primary School, www.wasps-asc.org

• Quiz

The Swan Wheathampstead. Wednesday 1st, 15th and 29th April.

• Herts Musical Memories

Singing for people with dementia & their carers/loved ones. Monday mornings 10.30am - 12.00 midday. Memorial Hall Call Wendy Hyams 07483 307545 or Kerry Brabant 020 8950 5757

• Silver Moon Café

Alone/divorced/widowed/isolated, we welcome any age, free hot/cold drinks, & cakes. Socialise, meet new people & make friends. 11-12.30 last Wednesday of the month, Mead Hall, East Lane.

• Community Library

Wheathampstead Community Library Monday - Thursday 2pm - 6pm and Saturday 9am-1pm. Knit Natter & Know Craft group every Wednesday 10am-Noon. Fire Station and Library Marford Road Wheathampstead.

• Roast & Meat Raffle

Weekly Sundays at The Swan, Wheathampstead

• Swan Bingo

It's Eyes down once again for a great night of Bingo Fun at your favourite local pub in Wheathampstead Village 2nd April, 7.30 with pizza and burgers at The Swan,

• Harpenden Riding for Disabled (RDA)

Lessons to local people (over the age of 5) with physical disabilities or learning difficulties. Wednesdays 4.15-5.00 pm & 5.00 -5.45pm early Spring through Autumn. Sandridgebury equestrian centre, Sandridge. Contact harpendenrda@yahoo.co.uk and via FB

Please contact event organisers for full details, ticket prices and availability.

What's On This Month

• Easter Holiday Family Activities 2nd April

Join in for family activities and crafts during the Easter holidays. Different crafts are available each week.*Free places available for children of low-income families. Contact the museum for more information. Proof of low income in the form of a benefits letter or tax credits award letter must be shown at the time of booking sessions or upon arrival at drop-in sessions. 10 am - 1 pm Thursday 2nd Tuesday 7th and Thursday 9th April Hertford Museum 18 Bull Plain Hertford Hertfordshire SG14 1DT. For details and prices visit: www.hertfordmuseum.org.uk or call 01992582686

• Live Music 4th April

Live music from popular local blues rock band, Blues on Fire. Come on down to the Swan in Wheathampstead Village on Saturday 4th April 9pm. Free entry

• Easter at St Helen's Church

Good Friday Walk of Witness. All Age outdoor Service 09:45am Good Friday April 3rd. Good Friday Reflective Service 2pm April 3rd. Easter 'Son Rise' Service 05:30 am Easter Sunday April 5th

• Music by Candlelight 9th April

An incredible night of smash hits, made famous by Frankie Valli and the Four Seasons, performed by one of the UK's leading tribute shows and epic live band, at the beautiful St. Albans Cathedral, by candlelight. This spectacular show combines the iconic harmonies and unrivalled showmanship of one of the Rock and Roll Hall of Fame's most prestigious groups, 7:30 Thursday April 9th St Albans Cathedral, Sumpter Yard, St. Albans, AL1 1BY

• ABBA Beats at St Mary's 18th April

Sing along with top ABBA tribute artists for all the family! A family friendly and entertaining night with fabulous Abba tribute singers ABBA BEATS. Join in with the magic of Abba's hit songs performed by the excellent Abba tribute act and dance the night away, we'll be dancing in the aisles! Dress up or come as you are and join in the fun! Paper tickets will be available from *Visit Hitchin*. Also available online at wegottickets.com/StMarysChurchEventsHitchin Interval Bar and prize raffle on the night.

Doors open 6.30 pm performance starts 7 pm Saturday 18 April for details and tickets visit stmaryshitchin.co.uk call 01462452758 St Mary's Church, Churchyard Hitchin, Hertfordshire SG5 1HR

• Live Music 18th April

Live music from Machine Shed Come on down to the Swan in Wheathampstead Village on Saturday 18th April 9pm. Free entry

• Kimpton Bowls Club Open Day 19th April

A great time to give Bowls a try is the Kimpton Bowls Club Open Day. Refreshments will be available and visitors will have an opportunity to meet other members as well as have a go at playing. Everyone is welcome. The club is based at the top of the Recreation Ground in Kimpton High Street. Sunday 19th April from 10am - 4pm. Call john for details 07785960353

• Wheathampstead u3a 23rd April

The speaker at the April meeting will be a return visit from a retired police officer who served in the Metropolitan Police and was awarded a Queens Police Medal for her services. She will continue to talk more about her life as a Counter Terrorism Officer. Thursday 23rd April in the Memorial Hall at 2:00 for 2:30pm.

• Live Music 25th April

Live music from Red Alert. Come on down to the Swan in Wheathampstead Village on Saturday 25th April 9pm. Free entry

To add your events please email: eve@minimagazines.co.uk

Please Note: Events, dates and times correct at time of going to press.

The Window Man

*Do your windows look bad?
Do your doors look a mess?
Are they lacking attention?
Do you have to confess?
Well John is your man, he's ever so nice,
He'll look at your problems and give you a price.
He'll look with a smile without any fee!
As long as you make him a "nice cup of tea."*

John can repair your windows and doors and if necessary, he can quote for full replacements
No job too small
Quick friendly service

For **FREE** advice and an estimate call **01582 609143** or **07916 128280**
Registered FENSA member
johnthewindowman@gmail.com

Could a Personal Assistant make life a little easier?

The affordable alternative to home support, where you choose who supports you.

From £20ph

Hub Personal Assistants can help with:

- Domestic tasks
- Shopping
- Meal preparation
- Respite
- Personal care
- Live-in care
- Social support/ companionship
- Assistance to appointments

Your Care | Your Choice | Your Hub

Interested in joining the Hub community and becoming a PA with the Hub? We'd love to hear from you too!

01727 482 502 | www.hubcaresupport.co.uk
midherts@hubcaresupport.co.uk

Local Update

Wheathampstead Fun Run

Lots of people enjoy running. Running for fun often involves making it enjoyable through variety, socializing, and low-pressure goals. Running time can pass even more quickly when it includes exploring new routes, trail running and even listening to music or podcasts. Now, as the weather begins to get a little warmer, there's an extra reason to get your running shoes on.

Of course it's the ever-popular Wheathampstead 10km race or 2km family fun run which will be back again this year on Sunday 17th May, starting and ending up on the Marford Playing Fields. The 2km is an off road, circular run that is ideal for families as it is suitable for both runners

and walkers of ALL ages. This event starts at 10.00am.

The 10km is a challenging mat-to-mat timed off-road course, and with its outstanding scenery and friendly village setting, this is a popular run with all levels of runners. The event starts at 11:00am.

Organisers will again be hosting an inter Primary School 2km challenge to encourage children to participate in a fun, physical activity.

The whole morning rounds off with a BBQ, café and children's entertainment, making it a great morning out for all the family.

I think we all know that running is a great way to exercise and with a local run like this one, just add viewing the local countryside, having a good time with friends and family as well as raising money for charity and it ticks all the boxes. Knowing that you are

Continued on page 11





INHERITANCE TAX PLANNING + MITIGATION

Unlock tax-free cash tied up in your home, and preserve more of your wealth for future generations.

A lifetime mortgage may be a suitable option when considering the following:

- Paying off an existing mortgage or other loans.
- Supporting your children with buying a home.
- Reducing inheritance tax.*

*If you give some of the money from the equity release to your children, they may have to pay inheritance tax in the future. Always seek expert advice when considering this as an option.

GET IN TOUCH
For impartial advice with no obligation or cost.

info@er-ma.org | 01462 341 241

EQUITY RELEASE REDUCES YOUR ESTATE'S VALUE AND MAY AFFECT ANY INHERITANCE BENEFITS YOU'RE DUE TO RECEIVE. A LIFETIME MORTGAGE IS A LOAN SECURED AGAINST YOUR HOME. CHECK THAT THIS MORTGAGE WILL MEET YOUR NEEDS IF YOU WANT TO MOVE OR SELL YOUR HOME OR YOU WANT YOUR FAMILY TO INHERIT IT. IF YOU ARE IN ANY DOUBT, SEEK INDEPENDENT ADVICE.
Equity Release Mortgage Advice Ltd is registered in England & Wales, No. 09990476. Registered office address: 57a Churchgate, Welton, North Lincolnshire, England NG2 7HF
Equity Release Mortgage Advice Ltd (UK) (no. 222766) is an authorised representative of A.R. Mortgage Services Ltd, which is authorised and regulated by the Financial Conduct Authority (UK) registration number 121274. It is also authorised by the Financial Conduct Authority (UK) registration number 121274. The FCA is not the Financial Conduct Authority.



J.J. BURGESS & SONS
Independent Family Funeral Directors
No. 1819

0800 174220

Branches in Harfield, St Albans, Knebworth, Welwyn Garden City, London Colney

BURGESS & SONS
Independent Family Funeral Directors
Established 1839

Personal Service Pre-Paid Funerals Bespoke Funerals

BURGESS MEMORIALS
Independent Family Memorial Dealers
Established 1839

CLEANING · RESTORING · NEW MEMORIALS

01707 241781

joining a network of like-minded runners and supporters as well as raising money for a great cause can provide extra motivation during training and on race day.

Tips for Beginners:

- **Start Slow:** Focus on enjoyment rather than speed or distance.
- **Gear Up:** Wear comfortable and appropriate clothing and shoes.
- **Safety First:** Be aware of your surroundings, especially in new, unfamiliar areas

This annual charity event, which raises money for Beech Hyde Primary School, has become a favourite for over 20 years amongst local runners and even sees competitors from much further afield coming to the village.

For more information and to enter, go to: www.wheathampstead10k.co.uk

Thumbs up for Local MP

I spotted the words below from our Local MP, Victoria Collins and whether we agree with her politics or not, I couldn't help but admire her comments about her mum and the note about women in general. "On international women's day this year the theme is 'give to gain' and I salute all those doing incredible work to support women. I can't let today pass however without thanking the woman who has given me so much over the years. My mum. Not only has she worked so hard and sacrificed so much to support me, my education and my professional choices, but

everyday she exemplifies resilience, grit and kindness.

Building a chain of shops from scratch almost 40 years ago, launching an online business over 15 years ago but, more than that, she also takes on the big and small challenges in life with determination and grace. Thank you for showing me the way. I love you.



As we're reminded this year: "When women thrive, we all rise."
Well said Victoria!

New Research Boost

The Enhanced Physical Health Clinic (EPHC) run by Hertfordshire Partnership University NHS Foundation Trust (HPFT) is helping to save lives by removing long standing barriers to physical healthcare by offering personalised, accessible support. It is run as part of HPFT's learning disability psychiatry service.


People who have both learning disabilities and mental health conditions often face significant challenges when attending routine cancer screening. These include communication needs, anxiety about procedures, past negative healthcare experiences and difficulties navigating appointment systems. The EPHC addresses these barriers and ensures people receive the additional support *Continued on page 13*

Computer problems?

We can help...

We are your stress free route to problem free IT
Jargon free advice & no job too big or too small
Whatever your IT problem, we've got it covered

Call now on 01438 833671

 **spectrum**
IT support

info@spectrumitsupport.co.uk
www.spectrumitsupport.co.uk



We can help you with any of the following services
Hardware • Software • Cloud • Wi-Fi/Networking • IT Security • Websites



QUALIFIED SKILLED TEAM HERE TO HELP

RTI AUTO SERVICES LTD

Independent Professional Local Car Garage 15+ Years Experience

Unit 1, Nutwood Down Green Lane, Wheathampstead AL4 9ED

est. 2015

Providing Everything Your Vehicle May Need At Competitive Prices:

Serviceing & MOTs (All Vehicles)	Timing Belts	Air-conditioning
Tyres	Body Repair	
Vehicle Diagnostics	Clutches	
Maintenance	Wheel Alignment	

WE COLLECT & RETURN YOUR CAR TO YOUR DOOR

CALL OUR TEAM TODAY: TEL: 07596454550

LOAN
CARS
AVAILABLE!

they need to stay well.

Professor Regi Alexander, Consultant Psychiatrist, HPFT and Visiting Professor, School of Life & Medical Sciences, University of Hertfordshire said: "Our research shows a really encouraging rise in cancer screening uptake among people supported by the EPHC, compared with wider screening rates. It's a clear sign that the extra support we're offering is helping people feel more confident, breaking down barriers and giving them more control over their physical health.

"These findings remind us why accessible, inclusive healthcare matters so much. Simple, tailored support can make a real difference - helping people get screened earlier and improving long term health outcomes for those with learning disabilities.

"We're really hopeful about the future of this work. We want to grow the programme so we can reach more people, save more lives, and continue working towards reducing premature mortality in people with learning disabilities."

Give Bowls a Try

Bowls has a long history dating back thousands of years, the game reputedly being played in the 13th century. Bowls is a precision sport played on a green where players try to roll their ball closest to a smaller ball called a jack. The aim is to get more bowls closer to the jack than your opponent to score points in each round, or "end". The bowls are shaped so that they follow a curved path when being rolled. The game is played either in teams or one against one.

Kimpton Bowls Club started in 1947. The original clubhouse was built by Italian prisoners of war after the Second World War. This popular friendly club has around 70 members and is based at the top of the

Recreation Ground in Kimpton High Street. We spoke to Pat who told us: "We play outside from April through to September and Carpet Bowls (Short Mat) in the Memorial Hall through the winter. This is not so competitive and just serves to keep contact when the outside season ends." The club play in house competitions, i.e. Ladies singles, Men's singles as well as playing against other clubs within the Hertfordshire area with friendly matches both at home and away. More competitive players also play in the Welwyn and Hatfield League.



Club members enjoy various social gatherings across the year such as BBQ's, Bingo and Cheese and Wine evenings. Toward the end of the season in mid-September, the club has a Special Weekend when all their in-house finals games are played and Trophies awarded. Pat said: "We always welcome new members and would encourage and be supportive to anyone who wants to join." As a new member, you only need to have flat soled shoes as the club can provide all other equipment necessary. New members can play at any time, although club nights from 5:30 on Tuesdays and Thursdays are always popular.

Continued on page 15



GJW TITMUSS LTD

DOG & CAT FOOD & SUPPLIES
 HORSE FEED, BEDDING & TACK
 HAT & BODY PROTECTOR FITTING
 WELLIES & OUTDOOR CLOTHING
 POND FOOD & TREATMENTS
 WILD BIRD FOOD
 FISHING BAIT
 SMALL ANIMAL FOOD & SUPPLIES
 HOME & GARDEN PRODUCTS
 FARM & POULTRY FOOD

click & collect
WWW.GJW TITMUSSLTD.CO.UK
 or call 01582 833883

buy in-store
 New Mill, Lamer Lane,
 Wheathampstead,
 Herts, AL4 8RG

A great time to give Bowls a try is the Kimpton Bowls Club Open Day which is taking place on Sunday 19th April from 10am – 4pm. Refreshments will be available and visitors will have an opportunity to meet other members as well as have a go at playing.

For contact information please see page 19

Young People urged to get HPV vaccination

Young people who have not been vaccinated against the HPV virus are being encouraged to get the protection they need. The HPV vaccine (commonly Gardasil 9) prevents infections from high-risk human papillomavirus types that cause over 90% of cervical cancers, as well as genital warts and other cancers. It is typically offered to children aged 12–13 in school year 8, with one dose providing effective protection.



As an International HPV Awareness Day happened last month, a senior local doctor has urged young people to come forward and get protected. Whilst the HPV vaccine – which protects against a common virus which causes cervical cancer and is also linked to other cancers and infections – is usually given when children are in year 8, those who missed their vaccination can receive it up to the age of 25.

Human papillomavirus (HPV) causes almost all cases of cervical cancer, as well as many other types of cancer in both women and men. A single dose of the vaccine protects individuals against HPV for the rest of their life. HPV is very common and is usually spread through skin contact. If you missed your vaccination when you were 12 or 13, the HPV vaccine is available free on the NHS if you are aged 24. For more information visit <https://www.nhs.uk/vaccinations/hpv-vaccine/>.

Protecting People

Many of us would have heard a little about the Prevent Program in connection with suspected terrorists. Now it seems that Hertfordshire County Council is highlighting the support available through the Prevent programme to help protect people from radicalisation. Prevent is a national initiative that aims to stop people from becoming terrorists or supporting terrorism. It works to ensure that people who are susceptible to radicalisation are offered appropriate interventions to get their lives back on track, and communities are protected against radicalising influences. Being referred to Prevent is not about punishment and it won't go on someone's criminal record. It's about supporting people as early as possible to make positive choices and protecting communities from potential harm. Some of the help the county council offers includes mentoring and challenging extremist views, mental health support such as counselling, help with jobs and education, training to stay safe online and housing support.

How does Prevent work?

- A referral is made to Prevent when someone is concerned

Continued on page 17

ChipsAway Bodyshop & Mobile Repairs
ChipsAway St Albans - your one stop shop for ALL your car bodywork repairs!



From small minor damage to ANY size dents and panel replacements - we do it ALL!

Direct Line - 07807 665380
 Head Office - 0800 028 7878

brian.palmera@chipsaway.co.uk
www.chipsaway.co.uk/brianpalmer

Unit 4, Gryphon Industrial Park, Porters Wood, St Albans AL3 6XZ

Winners - Car Care Centre of the Year 2022 Winners - Customer Excellence Award 2022

Linda Tolmie | Garden Design

- Planting redesign to full garden design
- Hand drawn plans
- Maintenance schedules

Contact for a no obligation conversation
Tel: 07976851874
E: lindatolmiegardendesign@gmail.com
Insta: @lindatolmiegardendesign

RICHARD LLOYD ARCHITECTS
Chartered Architect

Designs Prepared for:

- Extensions
- Loft conversions
- Garage conversions
- Porches
- Disabled adaptations for local authority planning and building regulation approval.

Advice on the Party Wall Act and Construction (Design Management) Regulations

T: 07817489627
E: comberdown@btinternet.com
W: www.richardlloydarchitects.co.uk

D2D PRINT
Low cost high quality print you can rely on

- ✓ Leaflets
- ✓ Business Cards
- ✓ Posters
- ✓ Stationery
- ✓ Banners
- ✓ Feather Flags
- ✓ Brochures
- ✓ Artwork service

and much more...

2 Place Farm, Wheathampstead
contact@d2d-print.com 01582 250 001

Bring Back Your Happy Feet!

Contact Lorraine Webb for all your Podiatry/Chiropody needs.

Lorraine Webb MCPod, HCPC registered, provides specialist podiatry services and treatments.

Whether you are looking for help with foot and nail problems or have a specific foot condition which needs specialist treatment, I can help.

With over 20 years experience in the NHS and Private Practice, I can offer the best advice and treatment for your feet.

Call 079 2345 0095 to book your home visit

For more info please contact us via:
✉ lorrainewebb.podiatry@gmail.com
🌐 www.lorrainewebb.wixsite.com/podiatry

The COLLEGE of PODIATRY HCPC Lorraine Webb is a member of the College of Podiatry and a qualified Podiatrist on the Government's Register of Healthcare Professionals.

GARDEN MAINTENANCE

HEDGE CUTTING
LAWN MOWING
SMALL TREE WORK
LEAF CLEARING
FENCE REPAIRS
GARDEN CLEARANCE

07494 196648 01442 440193
www.uprootedgardens.co.uk

Herts Hearing
Your Local Independent Audiologist

Hearing tests, hearing aids, wax removal and custom ear plugs

Tel: 07495 65 50 84
www.hearthearing.co.uk
catherine@hearthearing.co.uk

Please phone or email for a no obligation hearing check

about a person.

- The police check if there's any immediate risk to safety.
- If there's no immediate risk, a group of local experts (called a Channel panel) meets to assess the case. This includes professionals from Hertfordshire's schools, councils, and social services.
- If the referred person agrees, they are offered a voluntary support plan through the Channel Panel.

Prevent deals with all forms of radicalisation. Safeguarding people from radicalisation is no different from safeguarding people from other forms of harm.

To find out more about the support offered or for advice on referring someone you're worried about, visit the county council's website or email prevent@hertfordshire.gov.uk

St Albans Sparks 

Local electrician
Excellent results, minimal disruption, fair pricing, good time-keeping.

Ben Hooper 07815 119790
stalbanssparks@gmail.com
www.stalbanssparks.com

Garden & Planting Designs
by
Sarah Hudson
RHS qualified Horticulturist
asksarah-hudson@hotmail.com
www.asksarah-hudson.com

 Tel: 07968 670597

Open Gardens

April is that very marvellous time of year when gardens, greenery, plants bushes and flowers begin to come alive. There are three gardens in Hertfordshire that appear to be well worth a visit this month. Whilst they can't really be considered as local, these gardens do seem to have a lot to offer from woodland to wild flower meadows and all sorts in between and all in aid of the NGS. If you want to look for gardens check out <https://findagarden.ngs.org.uk/>

Bhaktivedanta Manor



A chance to visit the unique and beautiful gardens surrounding Bhaktivedanta Manor at the Hare Krishna Temple. Gardens consist of the peaceful George Harrison Garden - dedicated to the late Beatle, a woodland, and a rose garden. Visitors can enjoy a guided tour and meet the Head Gardener. You will also get the chance to meet the cows at the Farm. A hot lunch is included in your booking.

For this open *Continued on page 18*

day you need to pre-book your ticket in advance. To book tickets please visit <https://ngs.org.uk/hertfrdshire-2026>

Light refreshments and Lunches usually served at 1:30pm. Refreshments in aid of Hare Krishna Temple. Friday 17th April pre book Dharam Marg, Hilfield Lane, Aldenham, Watford, Hertfordshire, WD25 8EZ

St Paul's Walden Bury

Spectacular formal woodland garden, Grade I listed, laid out 1720, covering over 50 acres. Long rides lined with beech hedges lead to temples, statues, lake and a terraced theatre. Seasonal displays of daffodils, camelias, irises, magnolias, rhododendrons, lilies. Wildflowers



encouraged - cowslips, bluebells. This was the childhood home of the late Queen Mother. Children welcome. Dogs on leads. Home-made teas. Sunday 19th April, 2pm – 6pm Whitwell, Hitchin, Hertfordshire, SG4 8BP. This garden also makes a donation to **St Paul's Walden Charity.**

The Old Rectory, Cottered

This five acre garden is a garden of many parts and surrounds the house, a former rectory. Discover the herbaceous garden, rose garden, and an ornamental kitchen and



cutting garden. Wander through a perennial meadow, winter garden, bog garden and woodland. There are formal lavender beds and an orchard with wildflowers. Explore the lake with an island and two further ponds. Tea, coffee & cake. Refreshments in aid of St. John The Baptist, Cottered. 1:30pm – 5pm Sunday 19th April The Old Rectory, Cottered, nr Buntingford, Hertfordshire, SG9 9QP

Tax problems? Talk to:

Fenlon & Co

6 High Street, Wheathampstead

- Accounts for Ltd Companies
- Self Assessment Tax Returns
- Accounts for Self Employed
- Payroll & VAT Returns
- HMRC investigations

NO FEE FOR INITIAL
CONSULTATION

Paul Laskier - FCCA
Mike Crafer - CTA
Tel: 01582 831234
Email: laskier@fenlonandco.co.uk
www.fenlonandco.co.uk

Clubs and Groups

Tennis

We are a friendly Tennis Club with plenty of opportunities to play social and competitive tennis. We offer a comprehensive coaching programme for Adults and Children from the age of 4. Members and non-members welcome. For more information pop down to Club night on Wednesday evening, or to Sunday morning social. Alternatively check out: www.wlctc.org.uk or email us on: wheatlctc@gmail.com. We look forward to seeing you on court soon.

Thursday Club

16 friendly, volunteer-run companionship and support Club for Wheathampstead residents who are over 60 and unable to access other activities without support. The Club meets every Thursday from 10am-2pm. Tea/Coffee is provided upon arrival, followed by a home cooked meal and then we finish with some form of entertainment. Transport to and from the Mead Hall can be arranged. To find out more, or if you have any questions, call Val Hughes on 01582 629682 or Michael Corley on 01582 833018.

The Village Surgeries PG.

The objective of the group is to contribute wherever possible to the health improvements in Wheathampstead and Harpenden. We are now arranging monthly medical talks on-line. There are also newsletters 4 times a year where members can gain information about local initiatives. We are always looking for new members and it is free to join and participate. To be included and receive the newsletter and get details of the talks please send a request to chair@thevillagesurgeriesppg.co.uk

Archery

Wheathampstead Archery club was founded in 1956, and has about 70 members. Always happy to welcome newcomers; beginners or experienced. Beginners will need to complete

a beginner course run by our Archery GB qualified club coaches. There is a Junior Section for under-18s, but the minimum age is 10. <http://wheathampsteadarchery.org.uk/>

Forging Friendship Club

Affiliated to the Men's Sheds Association, this new club has recently formed in Wheathampstead. Members meet socially and form friendships while facilitating creativity, passing on skills and learning from each other. Meet weekly on Wednesday at 10am to 12 pm in the Old Forge building near the entrance to the Meads. To join or find out more email: forgingfriendshipsclub@gmail.com

Wheathampstead Baby & Toddler Group

We are a relaxed and friendly group for 0-4 year-olds and their parents and carers, run by parent-volunteers. We provide toys, craft, music, snacks, hot drinks and the chance to get to know other local people. We meet every Friday during term time, 9:45-11:15am at The Memorial Hall on Marford Road.

Find us on Facebook or contact wheathampsteadtoddlergroup@gmail.com

Wheathampstead Community Group (WCG)

WCG seeks to support anyone in the Parish of Wheathampstead who is looking for assistance. If you or anyone that you know needs help, or you wish to volunteer for WCG, please call 07539 176481.

If you need transport to hospital or the doctor, please call 07918 136870.

www.wheathampsteadwcg.org
email: Secretary@wheathampsteadwcg.org

Kimpton Bowls Club

Bowling for everyone- Come and try bowls. 'Beginners Welcome' *Continued on page 20*

Useful Contacts

Emotional & practical support

www.hertshelp.net

03001234044

Health advice and information

www.nhs.uk/coronaivrus

Local council services

www.hertfordshire.gov.uk/

coronavirus

Domestic abuse

www.hertssunflower.org

Hertfordshire Domestic Abuse

helpline

08 088 088 088

Financial Advice

www.hertforshire.gov.uk/benefits

Citizens Advice

03444111 444

www.hcas.org.uk

National Debtline

0808 808 4000

www.nationaldebtline.org

Avoiding Scams

Sign up for scam alerts

www.hertfordshire.gov.uk/updateme

Volunteering

www.volunteering.org.uk

Friendly members to help you play. Woods provided but flat shoes please. Come and have fun.

For further details contact John 07785960353

Business Group

Wheathampstead Businesses (known as WEB) has a mission to Promote, Protect & Support local businesses and the local community. BILLY the Bee is our mascot promoting Buy It Locally. Twice monthly networking meetings provide an opportunity to collaborate, learn from each other and gain customers. For more details contact Ginny Cooper, Chairman: chair@wheathampsteadbusinesses.co.uk

Cricket

Wheathampstead Cricket Club has five adult teams and an expanding colts section. Cricket is played on Nomansland Common on Saturday and Sunday throughout the season, with occasional mid-week and evening fixtures. WCC really is a club on the up and we now have some of the best cricket facilities in the county. New players and spectators are always welcome:

www.wheathampsteadcc.hitscricket.com

Wheathampstead Dramatic Society

The Dramatic Society is always looking for new members who would like to join this friendly group. For information about our next planned production visit our website: www.wheathampsteadramaticsociety.co.uk

Wheathampstead & District Preservation Society

The aims of the group are to protect what's best about the village, make the best use of its assets, object to inappropriate planning applications and take part in community initiatives. The more members we have, the louder is our voice. To join, please see our website:

www.wheathampsteadpreservation.org.uk or call 01582 833789.

Mead Quilters

We are a long established, forward looking and friendly quilting and patchwork group who meet at the Mead Hall in East Lane, Wheathampstead, AL4 8BP.

We meet on the first Tuesday morning of each month 10.00-12.00pm, and the 3rd Tuesday evening 7.30-9.00pm. Visitors are welcome at both sessions. For further information see our website

www.meadquilters.org:

Wheathampstead W.I.

Lively, interesting and varied meetings. Every 2nd Wednesday 7.30pm at the Mead Hall in East Lane W/stead. Social events and outings throughout the year. See W.I Noticeboard in the High Street for more information or contact our Secretary Gillian Keen:

wheathampsteadwicommittee@outlook.com New members always welcome.

Herts and Middx Badger Group

We look after badgers and their habitat across the two counties. We are involved in badger rescues, surveys, monitoring, education, advice, campaigning and upholding the law relating to badgers. Meet 1st Tuesday of the month from 8pm in the Mead Hall in Wheathampstead. Emergency line. 07860 210414

Enquiries. info@hmbadgergroup.org.uk or visit <https://hmbadgergroup.org.uk/>

Football

Wheathampstead Wanderers was formed in 1990 by a small group of families from the village to promote and support youth football for the benefit of children and young people in Wheathampstead and surrounding areas.

An FA Charter Standard Club, granted in 2008, with around 300 boys and girls playing football.

www.wheathampsteadwanderersfc.co.uk

Horticultural Society

Meets: St. Helen's School, Wheathampstead AL4 8AN. 7.30pm, first Wednesday of the month.

A friendly village gardening club welcoming everyone of all ages and enthusiasm- even armchair gardeners! A wide range of speakers [some selling plants], socials, visits to interesting gardens, a Plant Sale on 3rd Sunday in May - all are on the agenda. Affiliated to the R.H.S. Occasional meeting on Zoom. For more information please e mail whortsoc@gmail.com or phone Jill on 01582 460394

Bluebell Memory Cafe

Friendship coffee activities and outings for those living with memory-related conditions and their supporters. 1st and 3rd Wednesday of each month, 10.30 to noon at the Mead Hall, East Lane AL4 8BP. Call Isobel Poole, 07949 630228 All Welcome

Brownies and Rainbows

1st Wheathampstead Brownies meets at St. Peter's in Gustard Wood on a Tuesday. 3rd Wheathampstead brownies meet at the Scout Hut on a Thursday.

1st Wheathampstead Rainbows meets at the Scout Hut on a Monday. There are currently spaces available so, if you would like your daughter to join please visit: go.girlguiding.org.uk to register your interest.

One of the leaders in the village will be in touch when a space becomes available. Registering your daughter earlier rather than later will mean she will be added to our waiting list and when a place becomes available at the right age, she will be offered a place.

Squirrels Beavers, Cubs & Scouts

All popular and meet regularly at the Scout Hut in Mead Lane, Wheathampstead as follows: Squirrel Drey Tuesday 5:15 to 6:15 Beaver Colony *Continued on page 23*



Jessamine Motor Company

- Servicing for all makes and models
- Diagnostic and electrical fault finding
- Bulbs, wipers and batteries all in stock
- Puncture repairs just £20 inc VAT
- Free collection and delivery in the local area
- MOTs only £45 - just mention this advert

Call now on 01582 832212

15 High Street Wheathampstead

info@jessaminegarage.co.uk
www.jessaminegarage.co.uk

Punctures Repaired & Tyres Fitted Whilst You Wait



24HR Emergency Callout
Locksmith SERVICES
FREEPHONE 0800 1182 182
www.locksmithsrus247.co.uk

Locksmith SERVICES

YOUR LOCAL TRADING STANDARDS APPROVED LOCKSMITH
FULLY TRAINED LOCAL FAMILY BUSINESS

- LOCK OUTS • UPVC DOORS • WOODEN DOORS
- EMERGENCY CALLOUTS • LOCKS FITTED

FAST RESPONSE TIMES
USUALLY WITHIN 30 MINUTES
CALL LARRY & DEAN TODAY

10% OFF
LABOUR CHARGE
MONDAY-FRIDAY
9AM-5PM
WHEN SHOWING THIS ADVERT

WWW.LOCKSMITHSRUS247.CO.UK

WHEATHAMPSTEAD **MOBILE**
01582 206 004 **07917570526**

Which? Trusted traders

Wednesday 5:15 to 6:15

Mead Cub Pack Tuesday 6:30 to 8:00

Delaport Cub Pack Wednesday 6:30 to 8:00

Lamer Scout Troop Friday 7:30 to 9:00

Explorer Scouts Tuesday 8:15 to 10:00

If your child would like a place, please contact:

wl1stweathampstead@outlook.com

Music and Singing

Introducing the Clover Singing Club, a new concept in ensemble singing for ladies, with emphasis on laughter and relaxation. Try us out - first session free. No need to read music. Sessions are term time on Mondays 1.15-3.15 p.m., Mead Hall, Wheathampstead.

Contact Charlotte 07791 741233.

The Hardyng Choir

The Hardyng Choir is keen to help people experience the joy of choral singing, and welcomes new members of all voices whatever their previous experience. We rehearse on a Monday evening, 7:45pm - 9:45pm during school term time at St Helen's C of E Primary School in Wheathampstead. Email Jenny Burley at: membership@hardyngechoir.org

Wheathampstead U3A

Wheathampstead U3A is open to anyone who is retired or semi-retired. No qualifications are needed, and none are given. Make friends, learn new skills or refresh old ones through our wide range of interest groups. Enjoy first-rate speakers at monthly meetings in the Memorial Hall and participate in organised outings to places of interest. Find out more at: <https://u3asites.org.uk/wheathampstead/home>

Wheathampstead History Society

The society meets at 7.15pm, the third Wednesday of each month, in the Mead

Hall, East Lane.

It offers a programme of talks promoting local history & heritage, undertakes research projects and encourages and supports members' research.

For further information visit our website www.wheathampsteadheritage.org.uk

Wheathampstead

Warriors

Your local running club, all abilities welcome! The best way to find out more about the Warriors is to come and join one of our club runs on a Tuesday or Thursday evening. Currently all runs need to be booked in advance but please contact us on wheatywarriorsmembership@gmail.com and we'll be able to arrange for you to join us for a run. More information can be found on our website -

<https://wheathampsteadwarriors.co.uk/>

Positive Movement

On-line classes twice per week (term time) via Zoom, Tuesdays at 2pm and Thursday at 10.30. Classes are for those with reduced mobility. Gentle, chair-based exercises to improve Posture, Balance, Strength and Stability.

Call Lynn on 07866 168242 to arrange for a trial class.

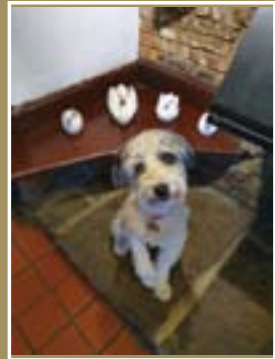
Wheathampstead Wine Club

Friendly social group that meets on the last Wednesday of the month at 7:30 at the Mead Hall except for July, August and December. You don't need to know anything about wine. Members can learn about the wines that they are sampling and get wine shopping and price advice too from the various tastings and presentations that take place during meetings. If this sounds like your type of social evening, call Alan 07866 953971 or email wiggintonalan@gmail.com or just come along - you will be very welcome!

THE SWAN

Wheathampstead

- Lunch served daily 12 till 2.30pm
- Friday evening full menu 6 till 9pm
- Monday evening full menu 6 till 9pm
- Pizza served daily, eat in or take away
- Live Music, Quiz, Bingo and Folk Night
- Sunday Meat Raffle
- Friday Drinks Raffle



Showing sport on Sky and TNT Sport
Outdoor covered seating area
Function room and Marquee available to hire
Dog friendly

56 High St, Wheathampstead, Herts, AL4 8AR, 01582 833110