

Wheathampstead Magazine



incl. *Gustard Wood & Blackmore End*
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May 2026



Mind Meld

New Rector for St Helen's

60th Anniversary for Local Choir

FREE COPY

THE SWAN

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WELCOME

It can be rather depressing and sad to consider the amount and impact of so much unrest in the world at the moment. So, at the time of writing, it feels so very good to hear a little on the much more joyful topic of singing. Singing seems to be quite a thing this month as we hear about a new all male choir as well as the 60th anniversary for another choir, the Hardynges Choir.

When May comes around, it's time for the very popular Kimpton Festival which showcases so many community events from art to comedy to crafts and dogs and plenty in between over a 4-day period. A local Hospice that offers free outpatient health and wellbeing through to specialised individual care is raising much needed funds with their annual plant sale which takes place in the beautiful grounds of the Hospice.

We share some information from research that confirms that sick patients prefer to be treated at home and they recover quicker too. The mental health charity, Mind, tell us that they have merged two of its operations into one, which will now simply be called Hertfordshire Mind to offer a more joined up service.

We hear all about Rev Andy Jefferson, the new Rector for our local church who takes up his position this month.

Eve X

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NEWS IN BRIEF

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Healthline: 111

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County Council: 0300 123 4040

Local Pharmacy: 01582 832102

Help Lines

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Advice for Mental Health Issues

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0845 769 7555

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Advice from the Stroke Association

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Frank: 0800 77 66 00

Advice about drugs from professional
advisers

Beating Eating Disorders:

0845 634 1414

Cruse Day by Day: 0844 477 9400

Help and support for people who are
bereaved

Macmillan CancerLine:

0808 808 2020

Autism Helpline: 0845 070 4004

It Seems to Me

...That May has been a very eventful month over the years with numerous wars, famous births as well as significant events taking place. Here we share just a few.

May 1937

In San Francisco, 200,000 people celebrated the grand opening of the Golden Gate Bridge by strolling across it.



May 2011

U.S. Special Operations Forces killed Osama bin Laden during a raid on his secret compound in Abbottabad, Pakistan. Bin Laden had ordered the coordinated aerial attacks of September 11th, 2001, in which four American passenger jets were hijacked then crashed, killing nearly 3,000 persons.

May 1893

The Wall Street Crash of 1893 began as stock prices fell dramatically. By the end of the year, 600 banks closed and several big railroads were in receivership. Another 15,000 businesses went bankrupt amid 20 percent unemployment. It was the worst economic crisis in U.S. history up to that time.

Thought for May

Sometimes good things fall apart so better things can fall together.

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What's On... regularly

• Foodbank

Confidentiality is assured. We now hold this at the Memorial Hall in Marford Road, still every Thursday but from 11:30am - 1:30pm. Tel: 01727 613019

• Recreation for the Retired

The Chapel Halls Brewhouse Hill All welcome. Various activities available. 2pm-4pm most Fridays

• Bluebell Memory Cafe

Activities for those people living with memory-related conditions and their supporters Meets at the Mead Hall every 1st and 3rd Wednesday (except August). All welcome. Enquiries to: Isobel Poole, 07949 630228.

• W.A.S.P.S. After School Play-Scheme

Fantastic, affordable and experienced child-care before and after school each day, Beech Hyde Primary School, www.wasps-asc.org

• Quiz

The Swan Wheathampstead. Wednesday 13th and 27th May.

• Herts Musical Memories

Singing for people with dementia & their carers/loved ones. Monday mornings 10.30am - 12.00 midday. Memorial Hall Call Wendy Hyams 07483 307545 or Kerry Brabant 020 8950 5757

• Silver Moon Café

Alone/divorced/widowed/isolated, we welcome any age, free hot/cold drinks, & cakes. Socialise, meet new people & make friends. 11-12.30 last Wednesday of the month, Mead Hall, East Lane.

• Community Library

Wheathampstead Community Library Monday - Thursday 2pm - 6pm and Saturday 9am-1pm. Knit Natter & Know Craft group every Wednesday 10am-Noon. Fire Station and Library Marford Road Wheathampstead.

• Roast & Meat Raffle

Weekly Sundays at The Swan, Wheathampstead

• Swan Bingo & Pizza

It's Eyes down once again for a great night of Bingo Fun at your favourite local pub in Wheathampstead Village 7th May, 7.30 with pizza and burgers at The Swan,

• Harpenden Riding for Disabled (RDA)

Lessons to local people (over the age of 5) with physical disabilities or learning difficulties. Wednesdays 4.15-5.00 pm & 5.00 -5.45pm early Spring through Autumn. Sandridgebury equestrian centre, Sandridge. Contact harpendenrda@yahoo.co.uk and via FB

Please contact event organisers for full details, ticket prices and availability.

What's On This Month

• Kimpton May Festival Friday 1st May

From flag raising to crafts, and comedy to art as well as many different types of community events and entertainment in between, the Kimpton Festival has a lot to offer across the first weekend in May. Check out the full list and schedule of their weekend events at their website. <https://www.kimptonmayfestival.co.uk/> Friday 1st - Mon 4th May

• 60th Anniversary Concert 4th July

Local Hardyng Choir from the Wheathampstead and Harpenden area will be celebrating its 60th anniversary with a concert of madrigals and sea shanties entitled Songs for a Summer Evening. Conducted by Music Director Michael Veazey, the concert will take place in Wheathampstead Memorial Hall on Saturday 4th July at 730pm.. Tickets from www.hardyngchoir.org or 0845 4751664.

• Plant Sale 16th May

It's the return of the much-loved Plant Sale, at The Hospice of St Francis. Alongside the plant stalls, guests can enjoy teas, coffees and cakes, plus a refreshing stop at the onsite ice cream van. This year's event features an exciting programme of attractions, including a raffle, marquee tent and an opportunity to see the newly built yurt Saturday 16th May, 10am to 2pm at Spring Garden Lane in Berkhamsted. HP4 3GW www.stfrancis.org.uk

• Live Music 16th May

Live music from Five Fold Kiss Come on down to the Swan in Wheathampstead Village on Saturday 16th May 9pm. Free entry

• Wheathampstead Fun Run 17th May

The ever-popular Wheathampstead 10km race or 2km family fun run starting and ending up on the Marford Playing Fields. The 2km is an off road, circular run ideal for families for runners and walkers of ALL ages, starts at 10.00am. The 10km is a challenging mat-to-mat timed off-road course, a popular run with all levels of runners. starts at 11:00am. BBQ, café and children's entertainment. Sunday 17th May.

• Amwell Cottage - Open Garden for NGS 24th May

Informal garden of approx 2½ acres Large orchard of mature trees, with billows of cow parsley in spring, laid out with paths. Extensive lawns with borders, framed by tall yew hedges and old brick walls. Daffodils early in the year. Many roses in beds, borders and a tunnel.

Stone seats with views, woodland pond, greenhouse, vegetable garden with raised beds and fire-pit area. Home-made teas. 2- 5pm Sunday 24th May Amwell Cottage, Wheathampstead, AL4 8EA

• Silver Moon 1st Birthday Special 27th May

Don't be alone. Come along and share this special time at The Silver Moon Café Free refreshments plus Singer Steve Bradley sings especially selected songs meet new people and make new friends. Wednesday 27th May 11am to 12.30 Mead Hall. East Lane

• Folk Night 28th May

Live Folk music in the ever popular Folk Night. Come on down to the Swan in Wheathampstead Village on Thursday 26th May 8pm. Free entry.

• Wheathampstead u3a 28th May

The speaker at the May meeting will be Jean Fullerton. Jean's presentation is entitled "Put That Light Out" and tells us about the brave Civil Defence Air Raid Wardens who were the unsung heroes of WW2. Jean is a true Cockney; she was a nurse for twenty-five years and is now an award-winning published author and speaker - and she also teaches creative writing! Thursday 28th May in the Memorial Hall at 2:00 for 2:30pm.

To add your events please email: eve@minimagazines.co.uk
Please Note: Events, dates and times correct at time of going to press.

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Local Update



Sing Yourself Happy!

If you are a man looking for a new hobby, singing could tick all the boxes. Apparently, joining a male singing group or choir provides significant benefits for physical health, mental well-being, and social connection. According to research, group singing can be a great stress buster and instead introduce a real feel-good factor. Being part of a singing group can also provide a sense of belonging and camaraderie and can help individuals cope with loneliness, depression or loss. As well as all those health benefits, it can also be a tremendous amount of fun and a sense of achievement.

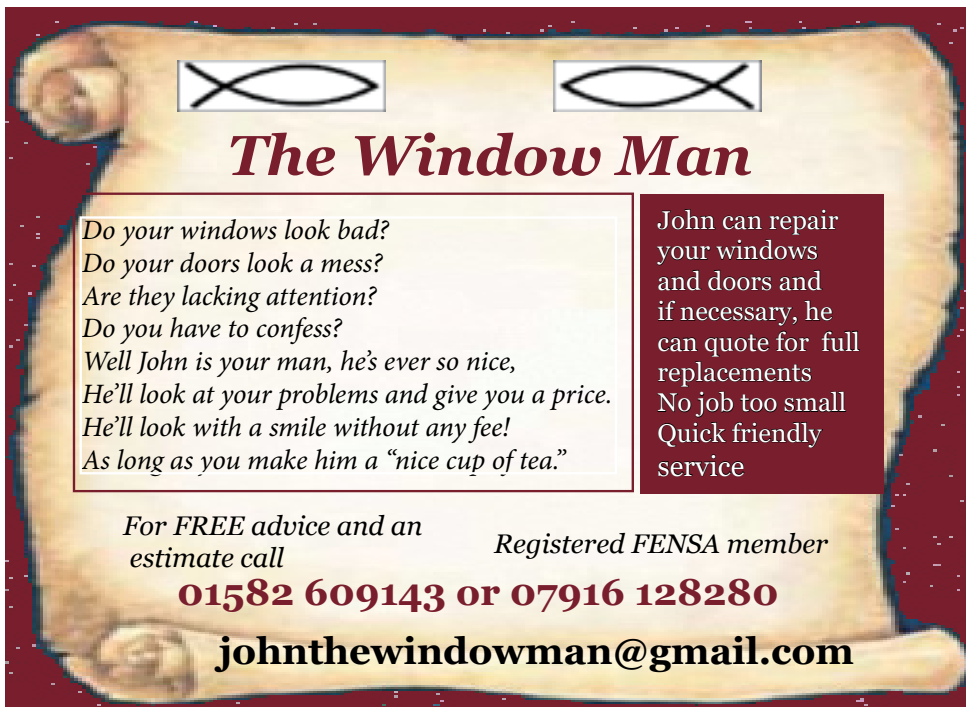
We've heard about a new local Men's Daytime Singing Group run by well-known professional singer and choir director, Tim Armstrong-Taylor. The group will meet on Tuesday mornings in the Harpenden Trust Hall at 10:30. Tim says: "Come and be part of a new men's singing community!

No auditions, no need to read music and absolutely no experience required. Sessions will be as rewarding as they are fun; no stress, no stuffiness, just the sheer joy of making a great sound in good company, with a refreshing cup of coffee afterwards."

About Tim

Tim Armstrong-Taylor's life has been music and singing - from a church chorister at All Saints, Hertford, to soloist in the Monteverdi and Schutz world famous choirs, singing on film soundtracks and even being a member of the choir who recorded the Champions League theme! He already conducts three other local successful and flourishing choirs but felt there was a need for an all male daytime group - an unusual project. His mantra is to get as many people as possible singing together in a fun, relaxed and inclusive way and promoting the idea that singing together is good for your health - your mind and body.

Continued on page 11

So, if you like the idea of meeting up with others for a weekly sing, why not give the group a try - the first session is free. Have fun in a friendly group which stimulates, inspires and will encourage you to: "Sing Yourself Happy!"

Call Tim on 07398 986 449 or email: tim@singwithtim.com www.singwithtim.com

It's That Time Again

It's the first weekend in May and that means Kimpton May Festival is back! The first Kimpton May Festival was run on 1st May 1965 and the organisers say that they have kept the party going ever since! Embracing tradition and always looking towards the future, the Kimpton May Festival continues to be a long weekend of Fun, Food, Music and Entertainment in Kimpton, a quintessentially British village. There are simply too many events and happenings across the weekend to mention here, but below are a few things that jumped out at us and they really do promise to be exceptional events on the day. Friday sees a flag raising, there's also the start of the art show, there's a comedy night

and a wine tasting too. It's worth noting that some events require tickets.

The highlight on Saturday is likely to be the Procession which winds its way through the High Street although, there's also a craft fair at the local school. After the procession, the local Bowling Club is open 12 – 4 pm, serving drinks and cakes and encouraging people to have a go at bowling.

Sunday offers a History Exhibition and an open air Church Service as well as a Dog Show. Monday sees the start of the Fun Run, a Car Boot and the Community Awards.

There's a lot more that I haven't mentioned, including plans for lots of entertainment in the evenings and plenty of stuff for families and kids to enjoy too.

It's set to be a truly fantastic weekend, so it's just silly not to go along - see you there! For more information see our *What's On* page 7.

A Mind Meld

Mind in Mid Herts has merged into Hertfordshire Mind Network, resulting in just one countywide Mind organisation in Hertfordshire. This merger brings together the *Continued on page 12*



strengths, expertise and dedication of both charities, enabling the new organisation to provide a more consistent, coordinated and accessible offer of mental health support for people across Hertfordshire.

By uniting as one organisation, it should become easier for people to find and access the support they need, wherever they live in the county.



A spokesperson said: "Our services will continue to run as usual, with our shared commitment to high quality, person-centred support remaining at the heart of everything we do.

Working as one, Hertfordshire Mind organisation strengthens our ability to reach our communities, collaborate with commissioners and work alongside partners, ensuring our services are sustainable, responsive and able to meet Hertfordshire's diverse mental health needs."

Later this year, the new brand as Hertfordshire Mind will be introduced, reflecting their ambition to offer a

consistent, recognisable presence across the county. The vision remains unchanged: every person in Hertfordshire will feel supported with their mental health.

Green Fingers

The Hospice of St. Francis helps 2,000 people each year to live their precious lives well across West Hertfordshire and South Buckinghamshire.

The Hospice's free care has many forms – care at home, in their outpatient health and wellbeing Spring Centre or through specialised individual care in one of the Hospice's beds - and is defined by each person's needs, needs that may change over time.

In fact, the charity cares for an individual or family for however long it's needed – days, weeks, months or even years and relies on local communities to help raise the over £6 million that is needed every year.

May 16th will see the return of its much-loved annual fund raiser, the Hospice Plant Sale. This popular event has become a firm favourite for green-fingered enthusiasts and local families alike, attracting hundreds of keen gardeners each year.

Visitors will be welcomed into the Hospice's beautiful grounds to explore a wide variety of summer bedding plants, perennials, vegetables and more, all carefully selected to help gardens thrive throughout the season. Alongside the plant stalls, guests can enjoy teas, coffees and cakes, plus a refreshing stop at the onsite ice cream van.

This year's event features an exciting programme of attractions, including a raffle, marquee tent and an opportunity to see our newly-built yurt. Well-behaved dogs on leads are also warmly welcomed, making the day enjoyable for the whole family. Organisers encourage attendees to car share where possible due to limited onsite parking. The event will open promptly at



10am and close at 2pm.

The Plant Sale has a remarkable fundraising history. Since its inception in 1997, it has raised over £149,000 to support the Hospice's specialist care, including an impressive £11,075 in 2025 alone. Such achievements are made possible thanks to the generosity of the community, including the dedicated Markyate Plant Sale Team and the many garden centres and nurseries who continue to support the Hospice. The Plant Sale simply wouldn't be possible without the dedication of Hospice volunteers who help co-ordinate this special event year on year, and the generosity of supporters. 2026 will be the fourth year that the plant sale is held in the Hospice grounds and there will be more plants and cake than

ever before. By 2030, the Hospice will need to double the reach of its care and every plant purchased helps them to continue delivering vital care to the people in our local community. See What's On Page 7 for more details.

Local Choir Celebrates 60 years

Local Hardynges Choir from the Wheathampstead and Harpenden area will be celebrating its 60th anniversary with a concert of madrigals and sea shanties entitled Songs for a Summer Evening. Conducted by Music Director Michael Veazey, the concert will take place in Wheathampstead Memorial Hall on Saturday 4th July. The concert marks over half a century of performances by the Hardynges Choir, whose inaugural performance was held in 1966.

The choir continues to welcome adult singers of any musical background for an un auditioned opportunity to sing quality classical and contemporary choral music in a friendly and supportive group. They rehearse weekly on Monday evenings in Wheathampstead and give regular concerts locally as well as joining forces with other choirs for larger scale works, participating in community events and enjoying residential singing weekends and socials. Email: membership@hardyngeschoir.org See *What's On* page 7 for more details.



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New Rector for St. Helen's

For those of you who haven't heard, St Helen's Church is about to get a new Rector, Rev Andy Jefferson. Andy, who has now moved into the Rectory, formally starts in the role when he is inducted as Rector on 13th May. We wish him well and are pleased to share his introductory message below.



"Hello! My name is Andy Jefferson and I'm delighted to have been appointed as the New Rector of St Helen's and St Peter's Wheathampstead. I'm currently the curate at a church in Flitwick in Bedfordshire, where I have been for the past three years. Being a curate is a bit like being a vicar with "L" plates on. But I have now "passed my driving test" and it's time to take the plates off. In my previous career, I worked as a youth worker with jobs in Northampton, Oxford and Ipswich. One of the joys of that role was journeying alongside young people, helping them overcome obstacles and seeing them grow in confidence, all with the goal of helping them flourish in their lives. In

a similar way, as a vicar, I am excited to journey alongside people through life's joys and challenges, be that through baptisms, weddings and funerals, or in the many varied ways in which people connect with their local church.

Outside of work, I enjoy cooking, swimming and keeping tabs on Arsenal and the England Cricket Team. I arrive in Wheathampstead with a young family. My wife Liz enjoys making things, whether that's knitting or baking. We have two children aged five and three who keep us on our toes and we are looking forward to getting to know other families in the village.

Confession time...

I have never lived in a village before! But my wife has and she assures me I will be fine! Actually, I am really looking forward to it and each time we have visited, I have found it to be a friendly and welcoming place to be. Do say hi if you see me out and about in my collar or pop into the church and say hello."

Better Outcomes

Following an in-depth evaluation by Frontiers in Digital Health, it seems that the potential benefits of treating patients with serious conditions from the comfort of their home are far greater than previously thought. The study has found that this type of care could save the NHS hundreds of millions of pounds too whilst delivering better treatment and higher patient satisfaction,

The most in-depth evaluation of the 'Hospital at Home' approach to date has revealed that patients who were cared for via West Hertfordshire Teaching Hospitals Trust's Virtual Hospital, delivered in partnership with Central London Community Healthcare NHS Trust (CLCH), overwhelmingly preferred to being cared for at

Continued on page 17

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home.

It cut hospital admissions by almost three days on average, and looking after patients remotely was 80% cheaper than caring for a patient in hospital.

Crucially, the study is able to demonstrate the economic case for investment in the expansion of Virtual Hospital models, with the potential to free up tens of thousands of beds every day and deliver significant benefits.

Key findings from the evaluation, include:

- Virtual Hospital (VH) Early Supported Discharge patients' admissions are 2.8 days shorter than comparable controls, on average.
- Virtual Hospital Care costs around £118.49 per bed day, considerably less than inpatient care of £569.
- Based on reduced length of stay, savings amounted to £486 per Early Supported Discharge patient, and £3,652 per Admission Avoidance patient.
- Headline savings were £1.33m over 12 months (net).
- 95.8% of patients preferred VH care
- 98.3% of patients feel safe under VH care.

West Hertfordshire and Central London Community Health (CLCH) established the UK's first virtual hospital during the Covid-19 pandemic, providing a safe alternative to inpatient care for over 5,000 patients and saving countless bed days. Since then, the programme has evolved to offer heart failure, chronic obstructive pulmonary disease acute respiratory infection and general medicine virtual wards. It works by caring for patients from

the comfort of their own homes using monitoring technology and specialist support for doctors.

Commenting on the findings, Medicine Divisional Director, Niall Keenan, said: "This evaluation underlines the enormous value, impact and benefit of the Hospital at Home approach has for patients, health providers and the taxpayer. Not only does it cut admission times and save millions of pounds which can be spent on supporting other vital services, but most importantly it is also a huge hit with patients. They prefer it to hospitals and feel safe and well looked after being cared for from home. The in-depth analysis demonstrates the benefits of local health and care organisations working together to improve outcomes for patients."

Don't Forget...

The ever-popular Wheathampstead 10km race and 2km family fun run will be back again this year on Sunday 17th May 2026, starting and ending up on the Marford Playing Fields.

For more details see *What's On* page 7 or visit: www.wheathampstead10k.co.uk



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Thursday Club

A friendly, volunteer-run companionship and support Club for Wheathampstead residents who are over 60 and unable to access other activities without support. The Club meets every Thursday from 10am-2pm. Tea/Coffee is provided upon arrival, followed by a home cooked meal and then we finish with some form of entertainment. Transport to and from the Mead Hall can be arranged. To find out more, or if you have any questions, call Val Hughes on 01582 629682 or Michael Corley on 01582 833018.

The Village Surgeries PG.

The objective of the group is to contribute wherever possible to the health improvements in Wheathampstead and Harpenden. We are now arranging monthly medical talks on-line. There are also newsletters 4 times a year where members can gain information about local initiatives. We are always looking for new members and it is free to join and participate. To be included and receive the newsletter and get details of the talks please send a request to chair@thevillagesurgeriesppg.co.uk

Archery

Wheathampstead Archery club was founded in 1956, and has about 70 members. Always happy to welcome newcomers; beginners or experienced. Beginners will need to complete

a beginner course run by our Archery GB qualified club coaches. There is a Junior Section for under-18s, but the minimum age is 10. <http://wheathampsteadarchery.org.uk/>

Forging Friendship Club

Affiliated to the Men's Sheds Association, this new club has recently formed in Wheathampstead. Members meet socially and form friendships while facilitating creativity, passing on skills and learning from each other. Meet weekly on Wednesday at 10am to 12 pm in the Old Forge building near the entrance to the Meads. To join or find out more email: forgingfriendshipsclub@gmail.com

Wheathampstead Baby & Toddler Group

We are a relaxed and friendly group for 0-4 year-olds and their parents and carers, run by parent-volunteers. We provide toys, craft, music, snacks, hot drinks and the chance to get to know other local people. We meet every Friday during term time, 9:45-11:15am at The Memorial Hall on Marford Road.

Find us on Facebook or contact wheathampsteadtoddlergroup@gmail.com

Wheathampstead Community Group (WCG)

WCG seeks to support anyone in the Parish of Wheathampstead who is looking for assistance. If you or anyone that you know needs help, or you wish to volunteer for WCG, please call 07539 176481.

If you need transport to hospital or the doctor, please call 07918 136870.

www.wheathampsteadwcg.org
 email: Secretary@wheathampsteadwcg.org

Kimpton Bowls Club

Bowling for everyone- Come and try bowls. 'Beginners Welcome' *Continued on page 20*

Useful Contacts

Emotional & practical support

www.hertshelp.net

03001234044

Health advice and information

www.nhs.uk/coronavirus

Local council services

www.hertfordshire.gov.uk/

coronavirus

Domestic abuse

www.hertssunflower.org

Hertfordshire Domestic Abuse

helpline

08 088 088 088

Financial Advice

www.hertforshire.gov.uk/benefits

Citizens Advice

03444111 444

www.hcas.org.uk

National Debtline

0808 808 4000

www.nationaldebtline.org

Avoiding Scams

Sign up for scam alerts

www.hertfordshire.gov.uk/updateme

Volunteering

www.volunteering.org.uk

Friendly members to help you play. Woods provided but flat shoes please. Come and have fun.

For further details contact John 07785960353

Business Group

Wheathampstead Businesses (known as WEB) has a mission to Promote, Protect & Support local businesses and the local community. BILLY the Bee is our mascot promoting Buy It Locally. Twice monthly networking meetings provide an opportunity to collaborate, learn from each other and gain customers. For more details contact Ginny Cooper, Chairman: chair@wheathampsteadbusinesses.co.uk

Cricket

Wheathampstead Cricket Club has five adult teams and an expanding colts section. Cricket is played on Nomansland Common on Saturday and Sunday throughout the season, with occasional mid-week and evening fixtures. WCC really is a club on the up and we now have some of the best cricket facilities in the county. New players and spectators are always welcome:

www.wheathampsteadcc.hitscricket.com

Wheathampstead Dramatic Society

The Dramatic Society is always looking for new members who would like to join this friendly group. For information about our next planned production visit our website: www.wheathampsteadramaticsociety.co.uk

Wheathampstead & District Preservation Society

The aims of the group are to protect what's best about the village, make the best use of its assets, object to inappropriate planning applications and take part in community initiatives. The more members we have, the louder is our voice. To join, please see our website:

www.wheathampsteadpreservation.org.uk or call 01582 833789.

Mead Quilters

We are a long established, forward looking and friendly quilting and patchwork group who meet at the Mead Hall in East Lane, Wheathampstead, AL4 8BP.

We meet on the first Tuesday morning of each month 10.00-12.00pm, and the 3rd Tuesday evening 7.30-9.00pm. Visitors are welcome at both sessions. For further information see our website

www.meadquilters.org:

Wheathampstead W.I.

Lively, interesting and varied meetings. Every 2nd Wednesday 7.30pm at the Mead Hall in East Lane W/stead. Social events and outings throughout the year. See W.I Noticeboard in the High Street for more information or contact our Secretary Gillian Keen:

wheathampsteadwicommittee@outlook.com New members always welcome.

Herts and Middx Badger Group

We look after badgers and their habitat across the two counties. We are involved in badger rescues, surveys, monitoring, education, advice, campaigning and upholding the law relating to badgers. Meet 1st Tuesday of the month from 8pm in the Mead Hall in Wheathampstead. Emergency line. 07860 210414

Enquiries. info@hmbadgergroup.org.uk or visit <https://hmbadgergroup.org.uk/>

Football

Wheathampstead Wanderers was formed in 1990 by a small group of families from the village to promote and support youth football for the benefit of children and young people in Wheathampstead and surrounding areas. An FA Charter Standard Club, granted in 2008, with around 300 boys and girls playing football.

www.wheathampsteadwanderersfc.co.uk

Horticultural Society

Meets: St. Helen's School, Wheathampstead AL4 8AN. 7.30pm, first Wednesday of the month.

A friendly village gardening club welcoming everyone of all ages and enthusiasm- even armchair gardeners! A wide range of speakers [some selling plants], socials, visits to interesting gardens, a Plant Sale on 3rd Sunday in May - all are on the agenda. Affiliated to the R.H.S. Occasional meeting on Zoom. For more information please e mail whortsoc@gmail.com or phone Jill on 01582 460394

Bluebell Memory Cafe

Friendship coffee activities and outings for those living with memory-related conditions and their supporters. 1st and 3rd Wednesday of each month, 10.30 to noon at the Mead Hall, East Lane AL4 8BP. Call Isobel Poole, 07949 630228 All Welcome

Brownies and Rainbows

1st Wheathampstead Brownies meets at St. Peter's in Gustard Wood on a Tuesday. 3rd Wheathampstead brownies meet at the Scout Hut on a Thursday.

1st Wheathampstead Rainbows meets at the Scout Hut on a Tuesday 5.15 to 6.15. There are currently spaces available so, if you would like your daughter to join please visit: go.girlguiding.org.uk to register your interest.

One of the leaders in the village will be in touch when a space becomes available. Registering your daughter earlier rather than later will mean she will be added to our waiting list and when a place becomes available at the right age, she will be offered a place.

Squirrels Beavers, Cubs & Scouts

All popular and meet regularly at the Scout Hut in Mead Lane, Wheathampstead as follows: Squirrel *Continued on page 23*



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Mead Cub Pack Tuesday 6:30 to 8:00
Delaport Cub Pack Wednesday 6:30 to 8:00
Lamer Scout Troop Friday 7:30 to 9:00
Explorer Scouts Tuesday 8:15 to 10:00
If your child would like a place, please contact:
wl1stweathampstead@outlook.com

Music and Singing

Introducing the Clover Singing Club, a new concept in ensemble singing for ladies, with emphasis on laughter and relaxation. Try us out - first session free. No need to read music. Sessions are term time on Mondays 1.15-3.15 p.m., Mead Hall, Wheathampstead.
Contact Charlotte 07791 741233.

The Hardyng Choir

The Hardyng Choir is keen to help people experience the joy of choral singing, and welcomes new members of all voices whatever their previous experience. We rehearse on a Monday evening, 7:45pm - 9:45pm during school term time at St Helen's C of E Primary School in Wheathampstead. Email Jenny Burley at: membership@hardyngechoir.org

Wheathampstead U3A

Wheathampstead U3A is open to anyone who is retired or semi-retired. No qualifications are needed, and none are given. Make friends, learn new skills or refresh old ones through our wide range of interest groups. Enjoy first-rate speakers at monthly meetings in the Memorial Hall and participate in organised outings to places of interest. Find out more at: <https://u3asites.org.uk/wheathampstead/home>

Wheathampstead History Society

The society meets at 7.15pm, the third

Wednesday of each month, in the Mead Hall, East Lane.

It offers a programme of talks promoting local history & heritage, undertakes research projects and encourages and supports members' research.

For further information visit our website www.wheathampsteadheritage.org.uk

Wheathampstead Warriors

Your local running club, all abilities welcome! The best way to find out more about the Warriors is to come and join one of our club runs on a Tuesday or Thursday evening. Currently all runs need to be booked in advance but please contact us on wheatywarriorsmembership@gmail.com and we'll be able to arrange for you to join us for a run. More information can be found on our website -

<https://wheathampsteadwarriors.co.uk/>

Positive Movement

On-line classes twice per week (term time) via Zoom, Tuesdays at 2pm and Thursday at 10.30. Classes are for those with reduced mobility. Gentle, chair-based exercises to improve Posture, Balance, Strength and Stability.

Call Lynn on 07866 168242 to arrange for a trial class.

Wheathampstead Wine Club

Friendly social group that meets on the last Wednesday of the month at 7:30 at the Mead Hall except for July, August and December. You don't need to know anything about wine. Members can learn about the wines that they are sampling and get wine shopping and price advice too from the various tastings and presentations that take place during meetings. If this sounds like your type of social evening, call Alan 07866 953971 or email wiggintonalan@gmail.com or just come along - you will be very welcome!



Summer Gardening Time!

We now have a wide variety of summer bedding and perennial plants to choose from to make your garden and patio look fabulous! For an instant burst of colour we also have pre-planted hanging baskets and pots.



106 St Albans Road, Sandridge, St Albans,
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01727 853340 www.carpentersnursery.co.uk